



กรมการแพทย์
DEPARTMENT OF MEDICAL SERVICES

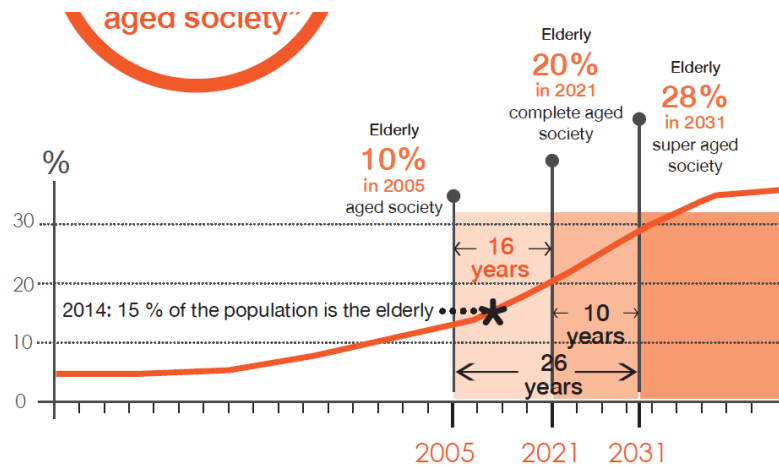
Dementia Prevention and Intervention Lesson learnt from Thailand

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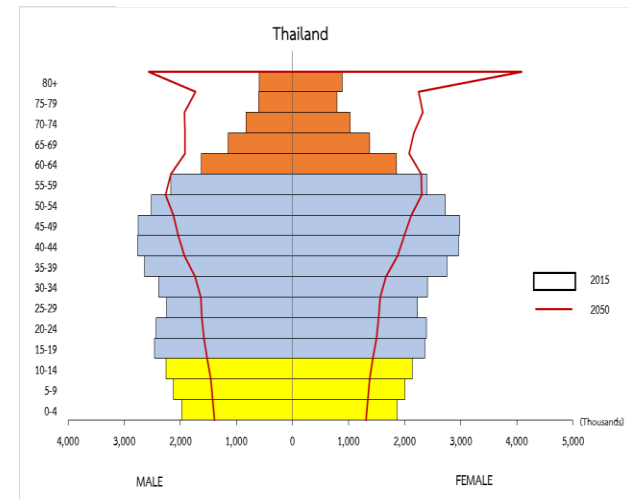
Current situation in Thailand



Sources:

- Population and Housing Census: 1970, 1980, 1990, 2000 and 2010. NSO
- Population Projections for Thailand, 2010 – 2040. NESDB

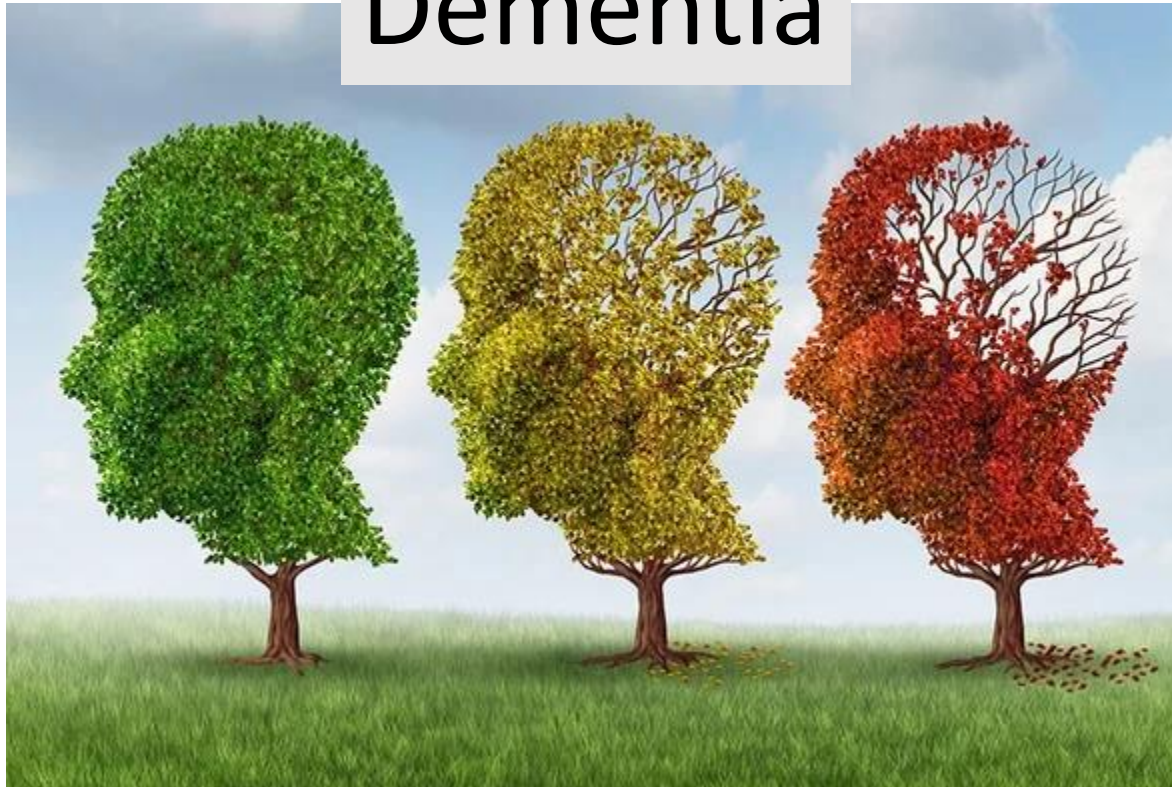
2015 → 2050



Estimated number of older persons with dementia

- Year 2016 = 617,000
- Year 2037 = 1,350,000

Dementia





Global Action Plan On the public Health Response to dementia 2017–2025



(Draft) National Strategy for Dementia Care 2021–2025

(on going for approval by the national board)

- **Strategy 1:** Develop public policy and mechanisms for dementia care.
- **Strategy 2:** Increase awareness, knowledge of prevention and risk reduction, being friendly to people with dementia.
- **Strategy 3:** Develop a comprehensive social and health service system that are integrated, accessible and suitable for the context of Thailand.
- **Strategy 4:** Improve the competency of family member and care giver by focusing on participation of all sectors.
- **Strategy 5:** Develop dementia data and information systems
- **Strategy 6:** Develop research and innovation that is suitable for the Thai context.



Dementia Awareness & Health Literacy



History of dementia care system



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Brainstorming by health and social experts, caregivers, patients' families + related organizations



Primary Model

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Develop system in 5 prototype areas

- Ban Fang District, **Khon Kaen Province**
- Khiri Rat Nikhom District, **Surat Thani Province**
- Lam Son District, **Lopburi Province**
- Cho Ho Mueang Community, Mueang District, **Nakhon Ratchasima Province**

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2019- 2020



Implementing Process (3 y

Phase 1

- Over view of situation and policy
- MOU signing
- Basic knowledge of dementia care
- Sharing knowledge from pilot area
- Brain storming for system design
- Capacity building



Phase 2

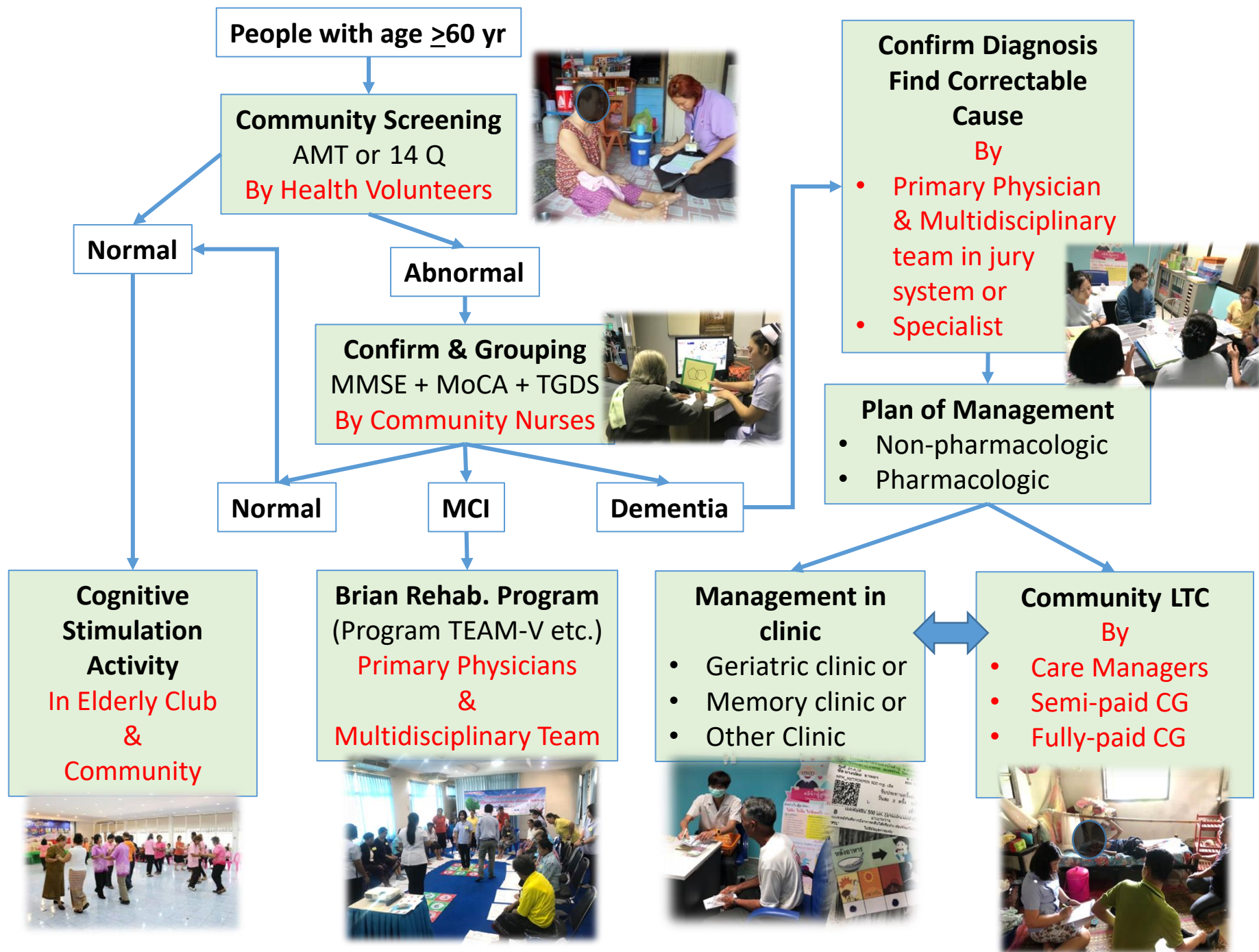
- Gap analysis
- Knowledge and technical support to close the gap



Phase 3

- Monitor & evaluation
- CQI





- 112,551 elderly people were screened in this project.
- 1,192 mild cognitive impairment and 364 dementia patients were detected and enter the care system.



What we have learned?

- Dementia care is a complicated system if we can successfully set it up, it will be the infrastructure for other geriatric syndrome.
- It can't be accomplished by just health sector.
- Care giver support is very important and still be a big challenge.



Royal speech on the birthday of the King Bhumibol Adulyadej, 2006

**Aging is a power.
If you get older, it
is advantageous
because you have
more experience.
Older people who
maintain good
morals are
comparable to
young people.
The nation with
older people, it is**