



International Workshop on Strengthening Stakeholders Cooperation in Promoting Active Ageing and Mental Health in ASEAN
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Government Responses to Population Ageing Lessons Learned for the way forward

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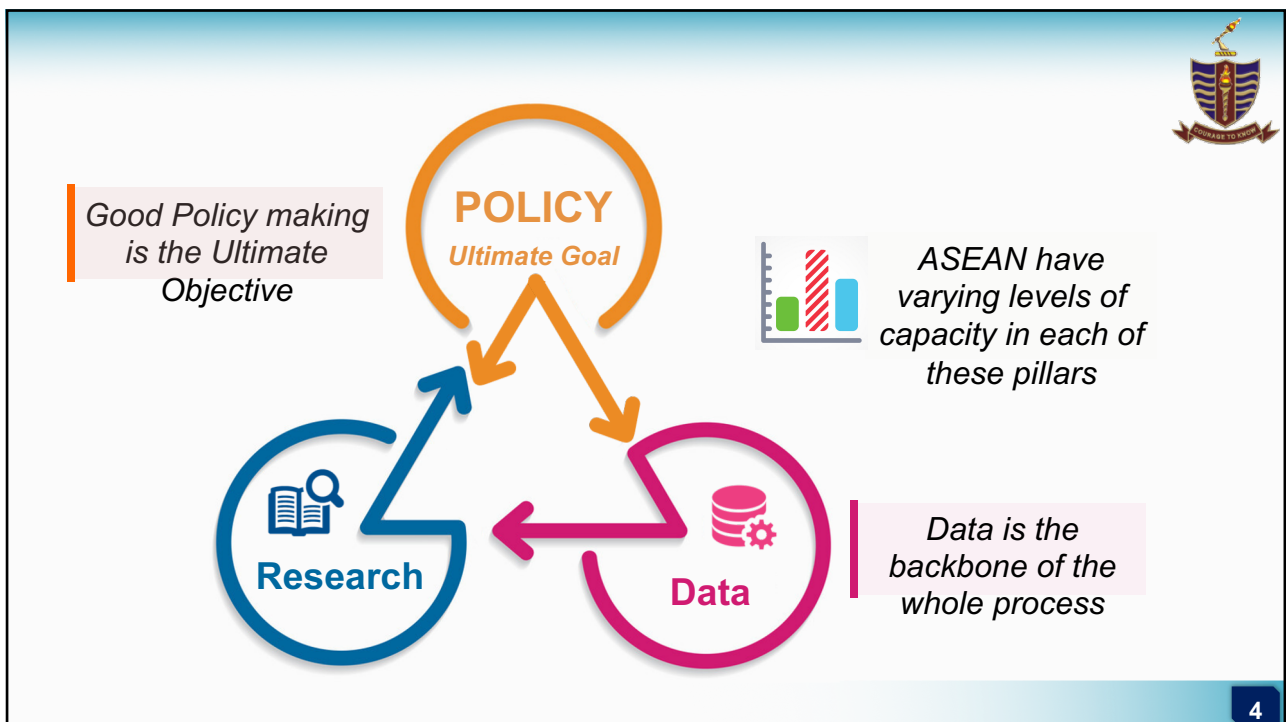
Overview

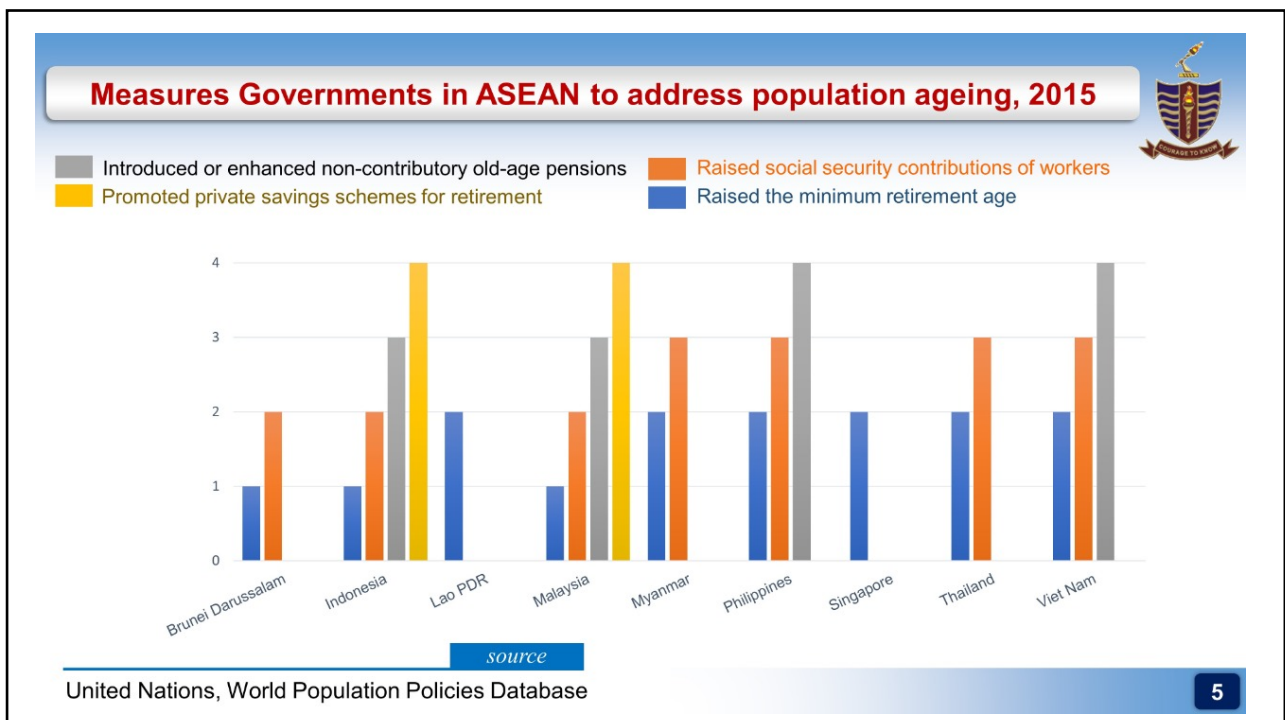
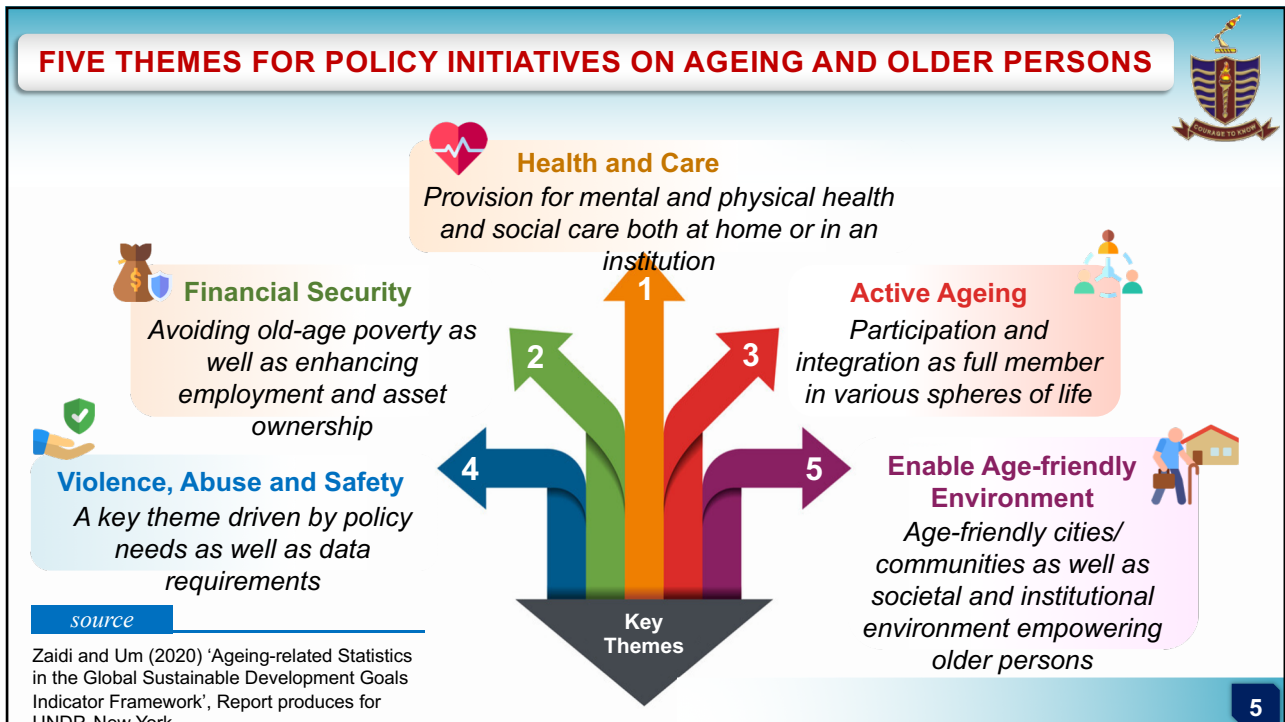
1. Key themes for policy initiatives
2. Examples of good policy principles
3. Lessons learned for 'The Way Forward'



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Key themes for policy initiatives







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Examples of good policy principles

National norms and contexts matter strongly in deciding about the most effective policy, but certain policy principles can be followed

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GOOD POLICY PRINCIPLES AND EXAMPLES



1 Principle

Recognizing and practicing human rights of older persons

Example 1.1

The Plan for Development of Elderly Programmes in China during the 12th Five-Year Plan Period (2011–2015) articulates the need to improve the mechanisms for protecting legal rights and providing legal services to older people.

Example 1.2

Vietnam's Law on the Elderly (2009) states that it is the right of older people to choose not to live with their family if they want to live separately. This is a recognition that the right of older men and women to independence and autonomy needs to be considered within the context of family responsibility and changing population dynamics.

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GOOD POLICY PRINCIPLES AND EXAMPLES



2 Principle

Addressing the needs but also maximizing the contributions of older persons

Example 2.1

Thailand's Second National Plan on the Elderly (2002–2021), revised in 2009, and Sri Lanka's National Charter for Senior Citizens and National Policy for Senior Citizens (2006) are particularly strong in promoting this perspective across their national ageing policies.

Thailand describes older people as an asset to society and Sri Lanka describes them as a resource for the family and the community, and as consumers but also as producers. Both policies mention the importance of investing in older people to maximize their well-being and their ability to contribute to society.

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GOOD POLICY PRINCIPLES AND EXAMPLES



3 Principle

Establishing how responsibility should be shared among the state, the community, the family and the individual

Examples

Many national ageing policies, such as those in Myanmar, Viet Nam, Cambodia, Bangladesh, India and the Philippines promote the involvement of communities in supporting older men and women.

Promoting community engagement includes the development of older people's organizations, such as those followed in many ASEAN countries.

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Lessons learned for 'The Way Forward'

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Lessons learned for 'the way forward' 1/4



1st learning: Great scope for improvements in reducing within-country differences, especially with respect to gender (in employment and in pension income entitlements).

Addressing issues faced by older women will need to start with women's and girl's empowerment at an early age.

In the same spirit, innovative solutions need to be found to provide better social protection for those who work in the informal sector at an early stage of their career.

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Lessons learned for 'the way forward' 2/4



2nd learning: New approaches for the provision of long-term care must be developed in the ASEAN countries, such as those followed in the EU countries, for example

- Acknowledgment and financial support for the family care work;
- Partnership between public and private sectors as well as civil society

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Lessons learned for 'the way forward' 3/4



3rd learning: Mutual policy learnings to be drawn from cross-country ASEAN comparisons, not just in policy design but also with respect to *implementation* of the policy and its *impact evaluation*

(A transparent policy of impact evaluation can be facilitated with the help of *the Asian Active Ageing (AAA) Index*).

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Lessons learned for 'the way forward' 4/4



4th learning: Need to follow '*future-back*' *thinking*: with the help of better data and modelling to understand what world we wish to live in the future and what policy reforms may be necessary for this purpose!

Work of the *Titchfield City Group on Ageing* (#TCGA) need to be supported as it takes stock of currently available age disaggregated data and recommends improvements.

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Thank you

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